IS THIS YOU?

- Wish you could hear better in a business meeting?
- Wish you could take a more active role in conversations?
- Want your spouse to understand your hearing needs better?
- Want to learn about hearing aid alternatives?
- Interested in developing strategies to improve communication?
- Want to understand the benefits and limitations of hearing aids?
- Wish you could hear well with your hearing aids in noisy environments?

IF YOU ANSWERED YES to any of the above, then participate in Northwestern’s Communication and Hearing Enhancement classes with a companion! We will help you enjoy a more active and successful business and personal life. Call 847-491-3165 or e-mail NUCASLL@Northwestern.edu

CLASS SYLLABUS

COMMUNICATION STRATEGIES
- Learn how to identify factors that contribute to communication breakdowns. Implement effective communication strategies
- Develop speech reading techniques
- Understand how cognition contributes to hearing in challenging situations

MANAGING REDUCTION IN HEARING
- Understand reduction in hearing, its causes, management, and prevention

AUDITORY TRAINING
- Learn about computer-based software training programs which exercise your brain to help you hear better in noisy environments

COPING STRATEGIES
- Learn how to manage the effects of reduction in hearing on behavior, thoughts, and relationships
- Develop coping strategies to manage the social and emotional effects associated with reduced hearing
- Share assistive communication behaviors with family

ASSISTIVE DEVICES AND ADVOCACY
- Learn about assistive devices that improve hearing abilities on the telephone and tv, as well as lectures, restaurants, theaters and other social settings
- Experience looped environments
- Understand the legal rights of people with reduced hearing
- Discover the importance of advocating for self and others

AMPLIFICATION
- Learn about the latest amplification technology
- Discover the capabilities and limitations of hearing aids
- Review hearing aid best practices, including use, care, and maintenance tips

Learn how to best communicate despite changes in your hearing.

Integrating science and service.

NORTHWESTERN UNIVERSITY
The sessions on “Hearing Loss Management” were very informative and provided further insight into ways one can help themselves “hear better.” I would highly recommend the course to any hearing challenged individual that wishes to learn better listening skills.”

– RH, Class Member

“As a spouse, I found it very helpful and educational to listen to ways of enhancing communication. It solidified in my mind, some things we have been doing to make life easier communication wise.”

– VH, Spouse of Class Member